



WELCOME TO
MEADOWLARK
CARE HOME

A PERSONAL CONNECTION



RENAISSANCE CARE



A respectful and welcoming home-from-home

Welcome to Meadowlark – a vibrant, friendly and caring place to live. Situated in the stunning coastal village of Forres, Meadowlark is a charming, bungalow-style home with en-suite rooms for up to 57 residents.

The ground floor accommodation offers space and comfort in abundance, creating the relaxing environment for high quality personal care and support.

Offering residential and 24-hour nursing assistance, the compassionate team at Meadowlark are professional in their clinical practice and caring in their nature. This creates a welcoming and supportive environment for residents to thrive in.

We're proud that our home is frequently filled with fun and laughter. Our residents are at the very heart of the home and, indeed, the Moray community. Meadowlark enjoys long-standing links with intergenerational community groups, contributing to an enjoyable and fulfilling lifestyle for all.

Our personalised care plans encourage individual choice. We place great focus on providing bespoke clinical and lifestyle support in a friendly atmosphere, to meet resident's wellbeing, social and healthcare needs.

Our door is always open at Meadowlark. We'd love to welcome you so you can experience the difference for yourself.

Arrange a visit: meadowlark.manager@renaissance-care.co.uk



Friendly, welcoming & filled with laughter

At Meadowlark we respect our residents desire to make their own decisions. We encourage people to live the life they want, offering options in all aspects of their day. Residents can relax in their own personal space or choose to socialise in our airy, open-plan shared areas.

All bedrooms are single-occupancy and en-suite. They vary in size and style, with many enjoying direct access to the private gardens that surround the home. Residents are encouraged to create their own individual sanctuary, decorated to their own taste and furnished with their furniture and prized possessions. Creating that

home-from-home feel is crucial and we'll support residents and the family through that transition.

Convivial communal areas are spacious and accessible – perfect for spending time with loved ones or sharing hobbies and interests with new friends. It's always a pleasure for the team to hear laughter and chatter fill our home as we watch new relationships grow and friendships form.

We support every Meadowlark resident's independence and, whether they choose to spend time socially or solo, we're always on hand to provide refreshments or a chat.



“Yes, it’s lovely here.
I’m happy and I’ve
made some beautiful
friends. I like to
get involved in the
activities, it’s nice
and social.”

**A RESIDENT AT
MEADOWLARK CARE HOME**

Compassionate & respectful care

Our talented Meadowlark team are trained to deliver the very best 24-hour nursing care with a person-centred approach. We focus on an individual's wellbeing as well as their clinical care needs, and we understand the importance of supporting residents' lifestyle choices.

Our nursing, clinical and care teams collaborate to offer the very best support to our residents. Skilled staff provide a balance of medical care and lifestyle support to create a nurturing environment in which to thrive physically and mentally. Care is offered to residents with a wide variety of needs, ranging from personal care to specialist support for a dementia, strokes or Parkinson's diagnosis.

We also have on-site nurses, contact with local GP's, triage teams and regular visits from independent consultants including chiropody, podiatry, optician and dental services. There's also an enhanced awareness of mental wellbeing and support is available to our residents, if required.

A life less ordinary

Life at Meadowlark is always relaxed and fun. Stimulating activities foster positive physical and mental wellbeing, so our full-time activities coordinator creates a calendar of optional activities and events for residents and their families. This evolving schedule of events is designed, in consultation with our residents, to ensure we accommodate a broad range of interests. We also have strong ties to the local area and our residents enjoy visiting community groups, trips to church services, local parks, cafés and pubs as well as all kinds of one-to-one activities.

A happy balance of social and relaxation time can be found at Meadowlark and there is always something to look forward to including:

- **On-site café and social area**
- **Hairdressing and beauticians**
- **Creative, art and music sessions**
- **Day trips and excursions**
- **Community partnerships providing intergenerational engagement**
- **Spiritual and religious service**



Fresh, nutritious & delicious dining

We understand that mealtimes are one of life's joys and, at Meadowlark we aim to deliver a tasty dining service with choice, variety and nutrition in mind.

Seasonal menus are created by our in-house chefs, in consultation with residents. We proudly prepare a choice of fresh and nutritious food for every meal, and menus are refreshed regularly to include a wide variety of meals. These range from classic, hearty Scottish dishes to seasonal treats and more adventurous cuisine.

The team caters for all nutritional needs, allergies and intolerances – working with dietitians on wholesome meal plans for every individual.

Our residents have the option to dine in our sociable dining areas with other guests, friends or family. Alternatively, everyone is welcome to enjoy private in-room dining if the mood takes them.

Meadowlark Care Home

We would welcome the opportunity to show you around our home and introduce you to our remarkable team. Feel free to pop by whenever suits you or contact us to arrange a tour.

Email us at meadowlark.manager@renaissance-care.co.uk
or telephone 01309 676 307



“The nursing team have been amazing and have made a very big difference in my mums health. I have peace of mind knowing my mum is being kept as safe as possible.”

RELATIVE OF A
MEADOWLARK RESIDENT

MEADOWLARK CARE HOME

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