



"The care, compassion and sheer hard work is outstanding in this care home. The manager is superb and the staff are excellent. It is perfect for my ninety-year-old mother who has advanced dementia."

A relative of a Milford House resident



Welcome to Milford House, home to a spirited community of thriving residents, supported by caring staff. We provide exceptional personalised residential and nursing care in a warm and friendly setting, supporting residents to live a life full of joy, in the way that suits them best.

Our goal is to provide a place of sanctuary, safety and support where residents make meaningful connections, enjoy diverting activities and feel able to live as they would like. Our personcentred care ensures a bespoke experience, wholly driven by the resident's needs.

Our beautiful Victorian home is enviably located in the picturesque

Duddingston area, in sight of Edinburgh's iconic Arthur's Seat and with easy access to both green spaces and city sights. Milford House is part of the fabric of this local community, with links to the local church and nursery to enable trips and events.

Feel free to come in and meet us in person, we'd love to show you around.

Arrange a visit: milford.manager@renaissance-care.co.uk

# Room to thrive

Milford House is an impressive, double-fronted Victorian property with a sunny south-facing outlook, located close to the peaceful green spaces of Figgate Burn, Portobello and Duddingston Golf Courses and Holyrood Park.

We offer a diverse selection of characterful single and double occupancy bedrooms, all boasting the quirky, period charm you would expect from a grand old building. We know that moving house can be a significant adjustment, so we encourage residents to feel totally at home by furnishing their rooms with their favourite pieces and possessions, creating their own sanctuary that reflects their personality.

The modern amenities at Milford House ensure our residents' new

home is a pleasure to inhabit. There is lift access to all floors, a pretty dementia-friendly garden and plenty of open spaces for socialising with residents and visitors alike. If a little quiet time is preferred, our peaceful lounges offer the space to enjoy our newspaper delivery service and a cup of tea.

Whatever the day holds, our skilled team are always on hand to ensure our residents can relax and enjoy their day in their own way.









# Exceptional care to support individual needs

Milford House is staffed by a skilled team of caring professionals including 24-hour registered nurse cover, an experienced care team and a legion of domestic, catering and events staff. We offer specialist care for residents living with Alzheimers and dementia, palliative care and rehabilitation.

Our dedicated team delivers holistic personalised care. combining expertise with stateof-the-art person-centred tools. We respect individual care choices and empower residents to make their own decisions and live independently for as long as possible. Staff are supported by Nourish care planning technology which facilitates informed decision-making and helps staff to coordinate and deliver truly personalised care with ease. We also use AI-driven analysis to detect and monitor pain in our residents - invaluable for those who can't always verbalise their pain.

own GP if they prefer. They can also access a suite of additional specialist services including podiatry, dietetics, support from community psychiatric nurses and wheelchair services. Milford House is proud to provide outstanding care to support resident's physical, emotional and spiritual wellbeing and strives to make every day a good day.



## Milford House Care Home

We would welcome the opportunity to show you around our home and introduce you to our remarkable team. Feel free to pop by whenever suits you or contact us to arrange a tour.

#### Contact us at:

milford.manager@renaissance-care.co.uk or 0131 669 8551.

# Living life to the full

We believe in the importance of meaningful activity and engagement as a way to support overall wellbeing.

Proud members of the National Activity Providers Association (NAPA), we strive to keep residents connected through memorable events, activities, visits and the use of technology. From Abba nights to scrabble tournaments and museum visits to theatre trips, our in-house activities coordinator creates a varied calendar of thoughtfully planned events to engage everyone.

Our strong connections to the local community, church and nursery means we welcome visitors to our home regularly. We also have access to transport for off-site adventures and have partnerships with local hairdressers to help our residents look and feel their best.

These meaningful interactions add real spirit and soul to our days and

create a joyful energy you can feel throughout our home.

# Delicious food enjoyed in great company

Milford House's experienced chefs prioritise fresh, nutritious and delicious food to nourish and savour. As with all aspects of our care, we take a person-centred approach, and varied menus are created with the input of our residents to suit individual tastes and dietary requirements. Menu options are frequently refreshed to reflect changing tastes and seasonal produce.

Enjoying food with friends is one of life's greatest pleasures and we endeavour to ensure our residents relish every meal – whether it's a convivial communal lunch or a peaceful moment with a slice of cake.





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### Milford House Care Home

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