



"It's important that we laugh lots, and here at Kingsmills, we laugh every day. It's wonderful."

A resident of Kingsmills

## A lifestyle to love

Welcome to Renaissance at Kingsmills, an exceptional, purpose-built care home in the prestigious Crown area of Inverness.

Enjoying a prime position close to the numerous attractions of the city, Kingsmills hosts 60 residents. The building is spacious and elegant, and our well-appointed en-suite bedrooms are beautifully decorated to provide an elegant haven in which to relax.

Kingsmills offers the highest level of care, delivered with compassion and companionship. Our residents are at the very heart of our home and we work with them to develop bespoke

strategies to meet the individual needs of everyone living here.

Our focus is on supporting residents to live independently, encouraging close connections with the people and places that they value and providing an inclusive environment. We enjoy welcoming residents' friends and families into Kingsmills and frequently hold events for relatives, residents and staff to enjoy together.

Why not take a look around Kingsmills yourself? You'll enjoy the warmest of welcomes.

Arrange a visit: kingsmills.manager@renaissance-care.co.uk

# An elegant and accessible environment

Kingsmills' outstanding accommodation provides residents with space, comfort and choice.

The smart, single-occupancy rooms are all en-suite and equipped with advanced care systems, TV points and telephone lines where requested. We urge residents to bring as many of their treasure furniture and possessions as they can, to ensure they feel truly at home.

Residents enjoy the open lounge and dining rooms, which are flooded with natural light for a bright and airy feel. Areas can be used for private family occasions as well as social activities and small gatherings for residents. Our large social spaces are also used

for events and entertainment. They offer a convivial and positive atmosphere where new friendships are forged and relationships thrive.

It is an absolute joy to hear laughter and conversation fill our home, but Kingsmill also boasts lots of quiet areas in which to read, reflect or relax. The beautiful garden is well-kept, thanks in part, to our resident gardening enthusiasts. They maintain and develop the grounds, adding sensory elements, cultivating beautiful visual spectacles, and growing herbs and vegetables to be used in the Kingsmills kitchen.









## Living life to the full

At Kingsmills, we breathe life into our days with activities to enhance physical and emotional wellbeing. We know movement and lifestyle has a positive impact on mental wellness and offer a varied programme of optional exercise, mental stimulation and social activities.

A dedicated activities coordinator consults closely with residents to develop a full schedule of optional events, trips and activities to really look forward to. This could be simply walking in the peaceful grounds, playing board games with friends or enjoying a new local excursion. We also work with local businesses, schools and nurseries on various intergenerational projects, to ensure our residents enjoy a social connection within the community.

We encourage residents and their family to relish time together and we support individual requests, including meals with family, trips to significant places, participation in community events and even more adventurous activities.

Anything is possible!

Kingsmills also offers several pampering and treatment services including a hair stylist and chiropodist. We can arrange a variety of complementary therapies too.

## A dining experience to delight

Mealtimes are a pleasure at
Kingsmills – we are proud to
deliver a premium and positive
dining experience for our residents.
Our in-house chef spends time
discussing menus with our
residents to ensure all tastes are
accommodated and nutritional
needs are satisfied.

Kingsmills creates seasonal menus designed, often with produce from within the grounds, and always with choice and flavour in mind. Meals range from traditional favourites to more adventurous cuisine, but all are homemade from natural, fresh and (where possible) locally sourced produce.

Meals can be enjoyed socially, in our restaurant-style dining area or privately in resident's rooms, as their mood dictates. We always encourage choice and comfort and follow the individual preferences of residents.





## Renaissance at Kingsmills

We would welcome the opportunity to show you around our home and introduce you to our remarkable team. Feel free to pop by whenever suits you or contact us to arrange a tour.

### Contact us at:

kingsmills.manager@renaissance-care.co.uk or 01463 240 555.

# Staffed with kindness and expertise

The Kingsmills staff are full of passion, energy and inspiration, and have just one aim – helping residents to flourish.

Round-the-clock nursing and residential care is provided in a safe and comfortable environment with our on-site nursing and care teams working hand-in-hand with local GPs (or the resident's own GP if preferred). This ensures residents receive superior support for individual health and wellbeing needs. Consistent training and mentoring help us to uphold the highest standards of care and cleanliness throughout Kingsmills.

Our personnel have complete focus on the happiness and wellbeing of our residents, with close-knit teams collaborating to ensure they really enjoy their days. From domestic staff to maintenance personnel and nursing teams, all Kingsmills' employees respect and value the contribution made by their colleagues and friends. It is this culture that helps us to create a seamless, caring experience for each resident and their family.

This joyful energy is echoed throughout the home, with chatter, song and laughter heard throughout the building, and encouraging smiles and supportive hugs deployed abundantly.



### f in

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